



# NO BAKE OATMEAL RAISIN COOKIE ENERGY BALLS

Recipe inspired by Melissa of Bless this Mess

Serves: 10 energy balls

## INGREDIENTS:

- ½ cup old fashioned oats
- ½ cup of quick cooking oats
- ¼ cup almond butter
- ¼ cup honey
- ¼ cup raisins
- ¼ cup chopped pecans
- ¼ cup toasted coconut
- ½ tsp ground cinnamon
- dash of salt
- ½ tsp vanilla, optional

## INSTRUCTIONS:

1. Add all ingredients in a medium bowl and stir to combine. The mixture should be a bit sticky.
2. Place in the refrigerator for 15–30 minutes
3. Use a spoon or cookie scoop to scoop about a tablespoon of the cookie ball mixture into your hand and roll into a ball.
4. Repeat with the remaining mixture to get roughly 12 oatmeal energy bites.
5. Store in an air-tight container in the fridge for up to a week (or freeze for up to 3 months).